

# Heal With Qigong - for good health what to do

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Energy Arts Self-healing with Qi Gong – How To Do It - Modern Qigong Blog Длительность: 3:56 Опубликовано: 17 авг. 2011 г. Heal your pain, illness, stress. Powerful global distant Qigong energy healing and alternative medicine by renown healer. Qigong practice removes blocks and increases the flow of energy through your body. When energy flows freely, Qi energy heals and restores the body. In Level 1 you learned how Qigong practice a